



## PERSONAL COLOR ANALYSIS

### PRE-APPOINTMENT GUIDELINES

We look forward to seeing you at your appointment. The following guidelines will help you get the most out of your color analysis.

#### How to Prepare for Your Color Analysis

To ensure the most accurate and personalized results, we recommend the following:

- **Arrive with a clean, makeup-free face**  
This allows us to clearly assess your natural skin tone and undertones.
- **Avoid any form of tanning prior to your appointment**  
This includes self-tanner, spray tans, sun exposure, and tanning beds. To achieve the most accurate results, it's important that your skin is as close to its natural tone as possible, as added color can alter your analysis.
- **Ensure your skin is fully healed from any recent treatments**  
If you've recently had a facial, peel, laser, or other skincare treatment, please wait until your skin has completely healed and returned to its baseline. This helps ensure the most accurate color analysis results.
- **Bring a photo of your natural hair color (if applicable)**  
If your hair is currently colored or gray, a photo of your natural color from your teenage years or later is especially helpful in guiding your recommendations.
- **Plan for approximately 1-1.5 hours**  
Your appointment is a thoughtful, in-depth experience designed to provide personalized recommendations.

#### What to Do Next

Now that you've discovered your Glo Palette, the next step is bringing it into your everyday routine.

- **Start with what you already own**  
Identify pieces in your wardrobe that align with your palette and begin building outfits around those pieces.
- **Refine your makeup routine**  
Incorporate recommended shades for lips, cheeks, and eyes to create a more cohesive, flattering look.

- **Use your palette as a shopping guide**  
Whether you're shopping for clothing, accessories, or beauty products, your palette simplifies decision-making and helps you choose with confidence.
- **Consider your next hair color appointment**  
Use your personalized recommendations to guide future color choices for a more harmonious look.
- **Build gradually**  
There's no need to replace everything at once. Small, intentional updates make the biggest impact over time.

Love your results? Let's take it a step further. Ask our team about personalized skincare, treatments, or makeup recommendations designed to complement your Glo Palette and enhance your overall glo.

Thank you!  
glo MD Aesthetics and Wellness

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